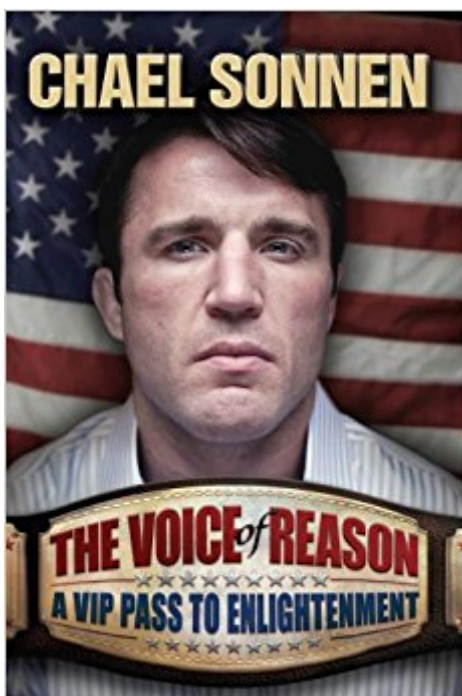


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# The Voice Of Reason: A V.I.P. Pass To Enlightenment



## Synopsis

The book that you are considering buying is nothing short of a VIP Pass to Enlightenment, written by the UFC's most infamous and feared destroyer of men—Chael P. Sonnen. Backwoodsmen and unlearned folk call him the Walking Thesaurus. His contemporaries have bestowed upon him the title Sir Sonnen. And those dwelling in the forgotten, forlorn jungles south of the equator reverently refer to him as filho da puta, a term Sonnen personally deciphered using his mastery of linguistics. It means, simply, "the Great and Humble Bearer of Knowledge." In the coming pages, Sonnen's commentary and tales of heroic adventure will initiate you into the world of superhuman greatness. Allow him to carry you like a frail damsel through the world of professional mixed martial arts as he cuts weight, deals with moronic cornermen, expresses his disdain for focus mitts and punching in general, gets his face rearranged, and finds support and encouragement from fans. Permit him to cleanse your mind's palate and teach you the truth about history, politics, endangered species, cinema, terrorists, music, particle accelerators, and his plans for creating a Chaelocracy, which translates as "a Better Earth." Shower him with praise as he takes you into his manly mitts like a lump of clay and reshapes you in his own likeness. Like all men of myth and legend, Sonnen strives for the betterment of the human race. Prometheus brought us fire; Dana White brought us the modern-day gladiator; and Chael P. Sonnen now brings us the step-by-step guide to being a great human being and patriot. Purchase this book; learn how the world really works from the perspective of a man who has been face-to-face with presidents, wardens, dignitaries, judges, kings and queens, and athletic commissions; and find out if you have what it takes to awaken from your progressive nightmare. There is no better day to stop being you and start trying to be Chael P. Sonnen. The time has come for The Voice of Reason. Chael Sonnen is the best trash-talker in all of sports.

—Jim Rome  
Host of The Jim Rome Show  
I've never seen anything like it. He's the best thing since Muhammad Ali.

—Dana White  
UFC President

## Book Information

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## Customer Reviews

Chael Sonnen is the best trash-talker in all of sports. — Jim Rome Host of The Jim Rome Show I've never seen anything like it. He's the best thing since Muhammad Ali — Dana White UFC President "Over the course of the last few years Chael Sonnen has become one of the most divisive figures in mixed martial arts. The outspoken middleweight is beloved by some and reviled by others, to find an MMA fan without an opinion on Sonnen is virtually impossible. — For those that are already fans of Sonnen this book will be a must read. For those that, shall we say, are less than enamored by Mr. Sonnen, this book will provide a glimpse below the surface, exposing the reader to a man that is much more than the one he presents when he is standing in front of a camera with a microphone in his hand." — BleacherReport.com

CHAELE SONNEN is a mixed martial arts superstar, a compassionate Republican, a volunteer coach, and a former politician. He's a sociology graduate from the University of Oregon, where his relentless fighting style earned him numerous wrestling awards. Sonnen's brilliant, incisive, and unique viewpoints have made him a favorite of fans, fellow athletes, and lazy journalists. In his spare time, Sonnen tinkers with the particle accelerator he built in his basement.

If you're a fan of listening to Sonnen rant and give speeches about how awesome he is/how messed up the world is/how if everyone would just listen to him/etc (which I am a fan of) then this book may or may not satisfy you. The problem is that a lot of what he's ranting about in this book 1) has nothing to do with MMA or him, 2) is done much more eloquently and convincing (i.e. with evidence) by other authors and 3) doesn't transfer well to print. I love listening to Sonnen go off on camera. It's just good, funny, and sometimes thought-provoking entertainment. The problem is that it doesn't transfer well to reading material. Referring to yourself as "Uncle Chael" or calling your audience "young-un" is hilarious on camera; not so much in a book where it really loses its punchline. If you're looking for great insight into the life of an MMA fighter, look elsewhere. VERY little of the book is spent on this topic. If you're looking into how Chael Sonnen was brought up, lives

his life, and trains for fights, I would say look elsewhere but I'm not sure you'd be able to find it. He gives a couple of stories about his upbringing and a couple of funny stories but not much else. In his last chapter, which is only a couple of pages long, he gives some insight into the emotions that go into the walkout, fight, and post-fight but it's detailed much better in other books. If you're looking for casual reading while you're enjoying a beer and in the mood to listen to some harmless and tongue-in-cheek ranting. This may be for you!

I do not follow UFC fighting, I'm not a fighter, and I barely heard of Chael Sonnen before my son recommended that I read this book. Frankly, I didn't expect to enjoy it. Whatever I expected, I didn't get it. The book was a surprise beginning to end. Sonnen turned out to be likable, honest, and willing to talk about real feelings and emotions in a way that I did not expect. His description of travel, pre-fight preparations, his admission to fear and pre-fight jitters, all offset by his I-am-the-greatest bluster, make him a fun and surprisingly human author. The topics covered by individual chapters are all over the map, each offering a new Sonnenesque view of UFC, politics, music, conservation, and even two hilarious pages dedicated to his own embarrassing gaffe at his cousin's wedding. Sonnen is highly opinionated and isn't afraid to offend, so you won't like everything he has to say. Be warned - this may not be the book for you if you are thin-skinned. If you can put that aside and spend a little time to get to know "Uncle Chael," you may just find you enjoyed the experience in spite of your expectations. I did.

Good ,short read. If you aren't familiar with Chael or his style of humor this book might come across as a bit egotistical, but that's is his character. Probably 50% of what he says is there just to piss you off (esp you sensitive types) A bit biased to his own experience and pov on other martial arts, the book still gives a good glimpse into the business of MMA and the ups and downs which come with this new and growing main stream event. Its also good to get a different perspective on some of the controversy surrounding Sonnens career over the years and of course his take on politics is righteous and worthy of a serious look from many new generation students, athletes, worker bees and most of all voters. If you want to read a non politically correct version of one fighters take on life, money, fairness and sport this is your book.

If you're diving in to this book hoping to read about what it's like to step inside the octagon and the lifetime it took to get there then you're better off buying Urijah Faber's book. This book isn't for the guy watching a UFC PPV at a buffalo wild wings, drinking a bud light and sporting a brand new

tapout shirt. Sonnen wrote this for his fans, his haters and everyone else in between, so you could get a better understanding of what goes on in his head giving you a reason to either love the guy or hate him. I've admired Chael because he is intelligent and very well spoken. A real man's man. In his book he tackles many issues, some personal and others more worldly. His disgust for the majority concern of minuscule problems and you even get a look in to his past that helped mold the man he is today. Everything in this book truly embodies the persona Chael has unleashed upon the sport of mma. Even as an mma fan I never found myself interested in reading a book written by a fighter but this was an exception. We've all heard the story of the kid who had a rough upbringing and had to fight to escape it all. Chael's heard it too and he made sure he steered clear of that cliché. Was a very quick read and I was a little disappointed in that, besides that, very entertaining read. Best book written by an mma fighter that's not about mma.

An interesting read, of an interesting character who takes him self VERY seriously, though many think he's half full of it. His crashed/abandoned career ended too soon, imho and Fox Sports just dumped him off his commentator gig. Too bad he was juiced up to perform that well, as are many MMA fighters and many of his past opponents were. He had/has the biggest MOUTH and trash talking in the industry and he exploits that well, even in written text. If you like MMA, him, or that "can't lose" attitude (false reality bravado), then you will probably love this tome. I loaned it to a friend who did not return it in a timely manner, as requested, so I couldn't resell it while he was still a competitor, or champ, or on top of his career. A shame. Yet he did not fall as hard or fast as other fighters (B. J. Penn, Ice Man Lidell, Couture, Brock Lesner, Forrest Griffin, etc.) CAUTION: Poor grammar zone, from someone who obviously thinks he's super intelligent, yet failed to master the fundamentals of language. An error on every page! (pokes ya in the eye)

Chael Sonnen is something else. A good look into his mind. The book isn't a great read for me personally, and I'm a Chael fan. Was expecting different, but the quality is good.

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